

# Week One

# Menu



Monday

Mediterranean  
Pasta Bake

Jacket Potato  
with a choice of  
Tuna Mayo,  
Cheese, Beans  
or Butter

Selection of Fresh  
Vegetables

Ice Cream  
Sandwich

Tuesday

BBQ Chicken or  
Quorn Fillet with  
Wholegrain Rice,  
Peas and  
Sweetcorn

Ploughman's  
Lunch with Roll,  
Grated Cheese,  
Ham, Cucumber  
and Tomato

Chocolate  
Orange Cake

Wednesday

Pork or Veggie  
Sausage with  
Crispy Potatoes,  
Yorkshire Pudding  
and Gravy

Wrap with a  
choice of fillings

Selection of Fresh  
Vegetables

Apple and  
Cinnamon Pastry  
Swirl

Thursday

Cheese & Tomato  
or Pepperoni Pizza

Chicken Salad  
Wrap

Roasted New  
Potatoes

Selection of Fresh  
Vegetables

Hot Chocolate  
Fudge Cake with  
Banana Slices

Friday

Fish Fingers or  
Vegetable  
Nuggets and  
Chips

Omelette with  
Cheese and/or  
Ham

Peas

Beans

Iced Fruit  
Smoothie

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 31 August, 21 September, 12 October, 9 November and 30 November.