

Week One

Menu



Monday

Braised Chicken
and Leek Pie

Selection of Fill
Rolls

Crispy Diced
Potatoes

Selection of Fresh
Vegetables

Chocolate
Beetroot Brownie

Tuesday

Freshly Baked
Pizza – Cheese
and Tomato or
Italian Meatballs

Jacket Potato
with a Choice of
Tuna Mayo,
Cheese or Beans

Selection of Fresh
Vegetables

Cherry Muffin

Wednesday

Roast Gammon or
Quorn Fillet served
with Roast
Potatoes, Yorkshire
Pudding and
Gravy

Vegetable Ravioli
with Crispy
Cheese Topping

Selection of Fresh
Vegetables

Cookie Dough
Apple Crumble
and Custard

Thursday

Carol's Sausage
Roll

Fruity Chicken
Curry served with
Brown Rice

Seasoned
Wedges

Selection of Fresh
Vegetables

Raspberry Ice
Cream Roll

Friday

Omega 3 Fish
Fingers and Chips

Vegetable
Nuggets and
Chips

Peas

Beans

Frozen Fruit
Smoothie

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 18 January and 8 February.