

## **Forest School Clothing**



Forest School sessions take place in all weathers except for unsafe conditions (e.g. high winds). The environment can present some exciting and challenging experiences such as snow, rain and muddy puddles. It is essential children are dressed appropriately throughout the year.



Children <u>must</u> have their legs covered at all times with trousers or leggings to help prevent tick bites and stings. We recommend children have a waterproof outer layer to wear all year round. Once the children are in wet clothing they can become cold very quickly, even in summer. If children are not dressed appropriately, then for health and safety reasons, they may not be able to participate in the sessions.

- Waterproof Coat and Trousers / Dungarees or;
- Waterproof All-In-One
- Wellington Boots
- Jumper
- Change of Trousers (jogging bottoms are perfect)
- Hat and Gloves

Please ensure all items are named.



