

PE and Sports Premium Strategy and Impact

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<p>Daily Mile is established at MPA and we can see the clear benefits of developing the children's physical skills. We have also seen the clear impact on their emotional wellbeing too. As a school we have had recognition for our daily mile activities. This will continue over the next year with termly events. Continue to offer a range of clubs and activities for the children both during, and after, the school day.</p>	<p>The development of swimming for all children in Key Stage 2. Developing staff CPD through training an LSA in Forest School to support the delivery of Forest School for all children.</p> <p>11 Before 11 promises are non-negotiable this year and will be planned so all children have a memorable experience.</p>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 meters?	63%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	63%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	50%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes

Academic Year: 2020/21	Total fund allocated: £16,760	Date Updated: September 2021
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Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity.				Percentage of total allocation:
				17%
<i>School focus with clarity on intended impact on pupils:</i>	<i>Actions to achieve:</i>	<i>Funding allocated:</i>	<i>Evidence and impact:</i>	<i>Sustainability and suggested next steps:</i>
For the children to develop their running / jogging stamina to enable them to run / jog 1 mile. High level of participation and enthusiasm, including quantitative improvements. The distance travelled by the children increases term on term.	3 x 15-minute sessions per week by four classes. Allocated time of Daily Mile Lead to develop and organize initiatives each term.	£2,850	To encourage health and daily exercise (setting personal targets and beating them). To build own running capacity. Children can run for longer periods of time. Improved children's health and fitness. Children participate in fun running activities organised by the Daily Mile Lead.	To continue with 15-minute sessions 3 times a week for five classes from September 2021. To continue allocating time for Daily Mile Lead to develop and organise initiatives.

Key indicator 2: The profile of PE and Sport being raised across the school as a tool for whole school improvement.				Percentage of total allocation:
				15%
<i>School focus with clarity on intended impact on pupils:</i>	<i>Actions to achieve:</i>	<i>Funding allocated:</i>	<i>Evidence and impact:</i>	<i>Sustainability and suggested next steps:</i>
All children in Key Stage 2 receive swimming instruction to develop basic swimming skills but also to exceed the 25-metre target at the end of Key Stage 2.	1 x 30-minute session per week for six weeks over the summer term. Additional staffing costs to support children.	£423	Increased water confidence. High number of children will be able to swim 25m at the end of Year 6. Improved health and fitness of the children.	To continue to increase children's water confidence and for Year 6 leavers to be able to swim 25m when they finish Year 6 in July 2022.
To upgrade and improve variety of PE equipment for use by children during lessons at break and lunchtimes.	Purchase of basketballs, netballs, footballs, tennis balls, kwik cricket sets, badminton sets, mini tennis sets, 2 table tennis tables, table tennis bats and balls.	£1,341	Children have a wider range of activities to use at break times, lunch times and at after school clubs. Children improve their hand eye co-ordination. Children enjoy in house competitions with each other.	To continue to promote the range of activities available to children at break and lunch times. To increase the number of after school clubs available and the variety of clubs.
11 Before 11 Promises is a Promise for each year group. Three of the promises develop and encourage the children to participate in physical activity outside of their regular curriculum experience.	Year 2 – Horse-Riding Year 3 – Planned Hike Year 4 – Flash Mob Costs for staff to support children during activities and horse-riding costs.	£671	Children enjoy physical activities they may not normally participate in. Children have experiences which will impact on their future life choices.	11 Before 11 Promises a core part of the school offer. LSA costed to support and lead the programme across the school.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport.				Percentage of total allocation:
				1%
<i>School focus with clarity on intended impact on pupils:</i>	<i>Actions to achieve:</i>	<i>Funding allocated:</i>	<i>Evidence and impact:</i>	<i>Sustainability and suggested next steps:</i>
Forest School training for one LSA to develop the skills of the staff team to deliver high quality sessions for all children at MPA.	One LSA will complete Level 2 training which is a four-day course with Suffolk Wildlife Trust. This training will be used to support the Forest School outdoor experience at MPA. Cover for LSA absence from school.	£705	Training was unable to take place due to COVID19. Carried forward to next year.	For LSA to attend training now it is being offered again.
Termly Sports Coach Consultant to enhance curriculum opportunities for the children by supporting teachers with planning.	Sports Instructor employed to enhance curriculum offer. Offer a wide range of learning experiences for the children within the curriculum, for example orienteering.	£220	Specialist PE Lead will improve the PE delivery and support teachers and staff with CPD. Children will benefit from learning new and varied skills.	To continue to provide training to support teachers and staff, in particular staff new to the school.

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.				Percentage of total allocation:
				67%
<i>School focus with clarity on intended impact on pupils:</i>	<i>Actions to achieve:</i>	<i>Funding allocated:</i>	<i>Evidence and impact:</i>	<i>Sustainability and suggested next steps:</i>
Inspire Suffolk run four after school clubs for children. These include gymnastics, football, ball sports and basketball.	Children are charged a nominal amount to cover the lost income on hall hire.	£2,850	Children improve their own health and fitness. Children develop skills which they can translate to in house / school games at a different points in the year.	To continue with provision and look to increase the number of after school clubs available and the variety of clubs. To encourage full take up for each club.
Ipswich School of Dancing run two after school clubs for children in ballroom dancing.	Children pay directly to Ipswich School of Dancing for the classes. We do not charge Ipswich School of Dancing for the hire of the hall to enable the cost of classes to be affordable to families.	£1,900	Children learn a range of dance techniques and improve performance skills.	To continue with provision and encourage full take up for each club.
Federation of Small Schools (FoSS) Day. All year groups have a planned exceptional learning experience at a FoSS School.	Year 6 go boating at Waldringfield. Details for other groups to be confirmed after FOSS Planning Day.	£500	The event was unable to take place due to COVID19.	To continue working with FoSS schools to organise exceptional learning experiences for all year groups.

<p>Weekly forest school sessions for the whole school. Maintenance, development and upkeep of the forest school.</p>	<p>To deliver exceptional opportunities for learning support and involve all children, including the least active children, by providing targeted activities that extend beyond the typical requirements of the national curriculum.</p>	<p>£3,600</p>	<p>High levels of enthusiasm and participation in physical activity. Opportunities to develop creativity and responsible risk taking in a natural environment.</p>	<p>To continue providing Forest School opportunities for all children.</p>
<p>Lunchtime club for children to learn basic yoga and relaxation techniques.</p>	<p>Focus on wellbeing and offer children a calm space during lunchtimes.</p>	<p>£950</p>	<p>Supporting children with basic yoga movements to support healthy body and healthy mind. Children are calm and prat taught techniques.</p>	<p>To introduce a number of lunchtime clubs for children to improve physical and emotional wellbeing.</p>
<p>FoSS Schools, REAch2 Schools and IPSSA events.</p>	<p>Sports coach employed to support the children during fixtures. Minibus or coach to ensure all pupils travel and arrive safely</p>	<p>£1,955</p>	<p>High levels of enthusiasm and participation in physical activity. Opportunities to play competitive sport and interact with children from other schools.</p>	<p>To continue providing competitive sport opportunities for all children and to encourage participation in team sport training sessions after school.</p>

Impact summary

Impact area	Summary
<p>What has been the impact on pupils' participation?</p>	<ul style="list-style-type: none"> • Children are all actively involved in the Daily Mile and can articulate how this impacts on their physical and mental health. • All children in Year 5 and 6 completed their swimming course and there was an increased number of children swimming a longer distance. • Since COVID19 restrictions lifted we have seen high pupil numbers in sporting clubs after school. • During lockdown we encouraged the children and their families to engage in PE activities. We also set challenges for those children that are very active. • Established a Girls team and regular training for the children as we are now a recognised Wild Cat Centre with Ipswich Town Football Club. • At lunchtimes children play with a range of sporting equipment and display skills acquired.
<p>What has been the impact on pupils' attainment?</p>	<ul style="list-style-type: none"> • Across all year groups we saw significant rises in pupil attainments across all subject areas. • Children are ready to learn as priority is given to their well-being at MPA.
<p>How will the school sustain the improvements?</p>	<ul style="list-style-type: none"> • Continue to apply for grants to further improve the sporting facilities at MPA. • Wider participation in a range of sporting events locally and withing the cluster of schools. • Work in partnership with high quality sports providers (Inspire Suffolk) to support teaching teams with high quality PE experiences.

Key achievements to date	Areas for further improvement
<ul style="list-style-type: none"> • Established football team for competitive events and league games. • Established as a Daily Mile school with a range of successes. Also highlighted on Regional News. • High quality provision for children after school. • High numbers of children attend after school events. • Established as a girls Wild Cats Football training centre. • Partnerships with Inspire Suffolk, Ipswich School of Dancing and Ipswich Town Football Club. • Table tennis equipment purchased for the children to use at break and lunchtimes (April 2021). • Delivered 11 Before 11 promises. 	<ul style="list-style-type: none"> • All Key Stage 2 children to develop swimming skills. • Training of additional adults for Forest School. • Additional equipment to be used during lunchtimes to further develop a range of sporting skills. • Further participation in a range of competitive and non-competitive sports with other local schools. (COVID19 did not allow this last year). • Participate in FOSS day in July 2022. (COVID19 did not allow this last year). • Forest School Sessions for all year groups (COVID19 did not allow this last year).