

Week One

Menu



Monday

Children's Favourite Macaroni Cheese
Fresh Crusty Bread
Selection of Fresh Vegetables

Chocolate Sponge with Chocolate Custard

Tuesday

Mild Chilli Con Carne with Rice
Refried Beans and Nachos with Melted Cheese
Selection of Fresh Vegetables

Carrot Cake with Orange Icing

Wednesday

Roast Gammon or Braised Quorn Fillet served with a Yorkshire Pudding
Roast Potatoes
Gravy
Selection of Fresh Vegetables

Baked Apple and Toffee Crumble with Custard

Thursday

Mild Chicken Korma served with Wholegrain Rice and Naan Bread
Mediterranean Pasta Bake
Selection of Fresh Vegetables

Fruit Jelly and a Shortbread Biscuit

Friday

Omega 3 Fish Fingers or Quorn Nuggets with Tartar Sauce and Lemon Wedge
Crispy Chips
Baked Beans or Peas

Cranberry Flapjack with a Yoghurt Drizzle

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 1 November, 22 November and 13 December