

# Week Two

# Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cheese and Tomato Pizza Slice</p> <p>Garlic Bread</p> <p>Selection of Fresh Vegetables</p>	<p>Meatballs or Quorn Balls in a Rich Tomato Sauce</p> <p>Rice</p> <p>Bloomer Bread</p> <p>Selection of Fresh Vegetables</p>	<p>Roast Gammon or Quorn Fillet with Yorkshire Pudding and Gravy</p> <p>Roasted Diced Potatoes</p> <p>Selection of Fresh Vegetables</p>	<p>Carol's Homemade Sausage Roll or Cheddar Whirl</p> <p>Seasoned Mash Potato</p> <p>Baked Beans</p>	<p>Chicken Nuggets or Vegetarian Sausage in a Hot Dog Roll</p> <p>Crispy Chips</p> <p>Tomato and Cucumber Salad</p> <p>Coleslaw</p>
<p>Fruit Smoothie</p>	<p>Mini Pavlova with Fresh Fruit</p>	<p>Jelly and a Shortbread Cookie</p>	<p>Chocolate Rice Crispy Cake with Orange Wedges</p>	<p>Iced Sponge Cake</p>

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 13 September and 4 October.