

# Week One

# Menu



Monday

Children's  
Favourite  
Macaroni Cheese  
  
Fresh Crusty Bread  
  
Selection of Fresh  
Vegetables

Chocolate  
Sponge with  
Chocolate  
Custard

Tuesday

Mild Chilli Con  
Carne with Rice  
  
Refried Beans and  
Nachos with  
Melted Cheese  
  
Selection of Fresh  
Vegetables

Carrot Cake with  
Orange Icing

Wednesday

Roast Gammon or  
Braised Quorn  
Fillet served with a  
Yorkshire Pudding  
  
Roast Potatoes  
  
Gravy  
  
Selection of Fresh  
Vegetables

Baked Apple and  
Toffee Crumble  
with Custard

Thursday

Mild Chicken  
Korma served with  
Wholegrain Rice  
and Naan Bread  
  
Mediterranean  
Pasta Bake  
  
Selection of Fresh  
Vegetables

Fruit Jelly and a  
Shortbread Biscuit

Friday

Omega 3 Fish  
Fingers or  
Quorn Nuggets  
with Tartar Sauce  
and Lemon  
Wedge  
  
Crispy Chips  
  
Baked Beans or  
Peas

Cranberry  
Flapjack with a  
Yoghurt Drizzle

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 17 January and 7 February