

# Week One

# Menu



Monday

Children's Favourite Macaroni Cheese  
Fresh Crusty Bread  
Selection of Fresh Vegetables

Chocolate Sponge with Chocolate Custard

Tuesday

Mild Chilli Con Carne with Rice  
Refried Beans and Nachos with Melted Cheese  
Selection of Fresh Vegetables

Carrot Cake with Orange Icing

Wednesday

Roast Gammon or Braised Quorn Fillet served with a Yorkshire Pudding  
Roast Potatoes  
Gravy  
Selection of Fresh Vegetables

Baked Apple and Toffee Crumble with Custard

Thursday

Mild Chicken Korma served with Wholegrain Rice and Naan Bread  
Mediterranean Pasta Bake  
Selection of Fresh Vegetables

Fruit Jelly and a Shortbread Biscuit

Friday

Omega 3 Fish Fingers or Quorn Nuggets with Tartar Sauce and Lemon Wedge  
Crispy Chips  
Baked Beans or Peas

Cranberry Flapjack with a Yoghurt Drizzle

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 7 March and 28 March