

Week One

Menu



Monday

Children's Favourite Macaroni Cheese
Sneaky Vegetable Pasta Bar
Fresh Crusty Bread
Selection of Fresh Vegetables

Chocolate Sponge

Tuesday

Mild Chilli Con Carne with Rice
Vegetable Chilli and Nachos with Grated Cheese
Sneaky Vegetable Pasta Bar
Selection of Fresh Vegetables

Carrot Cake with Orange Icing

Wednesday

Roast Gammon or Braised Quorn Fillet served with a Yorkshire Pudding, Roast Potatoes and Gravy
Sneaky Vegetable Pasta Bar
Selection of Fresh Vegetables

Strawberry Milkshake

Thursday

All Day Breakfast or Vegetarian Breakfast
Bacon, Sausage or Veggie Sausage, Omelette, Hash Brown, Baked Beans, Tomatoes and Mushrooms
Sneaky Vegetable Pasta Bar

Fruit Jelly and a Shortbread Biscuit

Friday

Omega 3 Fish Fingers, Chicken or Quorn Nuggets with Tartar Sauce and Lemon
Sneaky Vegetable Pasta Bar
Crispy Chips
Baked Beans or Peas

Eton Mess

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 5 and 26 September, 17 October, 14 November and 5 December