

Week Three

Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Cheese or Ham Omelette</p> <p>Sneaky Vegetable Pasta Bar</p> <p>Garlic Bread</p> <p>Selection of Fresh Vegetables</p>	<p>Sausage Roll or Sneaky Vegetable Pizza Wheel</p> <p>Sneaky Vegetable Pasta Bar</p> <p>Buttered New Potatoes</p> <p>Selection of Fresh Vegetables</p>	<p>Roast Chicken or Braised Quorn Fillet served with a Yorkshire Pudding, Roast Potatoes and Gravy</p> <p>Sneaky Vegetable Pasta Bar</p> <p>Selection of Fresh Vegetables</p>	<p>Mild Chicken Korma served with Wholegrain Rice</p> <p>Sneaky Vegetable Pasta Bar</p> <p>Naan Bread</p> <p>Selection of Fresh Vegetables</p>	<p>Omega 3 Fish Fingers, Chicken or Quorn Nuggets with Tartar Sauce and Lemon</p> <p>Sneaky Vegetable Pasta Bar</p> <p>Crispy Chips</p> <p>Baked Beans or Peas</p>
<p>Ice Lolly</p>	<p>Chocolate Crunch and Sliced Banana</p>	<p>Fresh Fruit Bar</p>	<p>Ice Cream Factory</p>	<p>Cookie and a Milkshake</p>

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 19 September, 10 October, 7 and 28 November