

# Week Three

# Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Cheese or Ham Omelette Sneaky Vegetable Pasta Bar Garlic Bread Selection of Fresh Vegetables	Sausage Roll or Sneaky Vegetable Pizza Wheel Sneaky Vegetable Pasta Bar Buttered New Potatoes Selection of Fresh Vegetables	Roast Chicken or Braised Quorn Fillet served with a Yorkshire Pudding, Roast Potatoes and Gravy Sneaky Vegetable Pasta Bar Selection of Fresh Vegetables	Mild Chicken Korma served with Wholegrain Rice Sneaky Vegetable Pasta Bar Naan Bread Selection of Fresh Vegetables	Omega 3 Fish Fingers, Chicken or Quorn Nuggets with Tartar Sauce and Lemon Sneaky Vegetable Pasta Bar Crispy Chips Baked Beans or Peas
Ice Lolly	Chocolate Crunch and Sliced Banana	Fresh Fruit Bar	Ice Cream Factory	Cookie and a Milkshake

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 2 January and 23 January