

# Week One

# Menu



Monday

Children's Favourite Macaroni Cheese  
Sneaky Vegetable Pasta Bar  
Fresh Crusty Bread  
Selection of Fresh Vegetables

Chocolate Mousse with Sliced Banana

Tuesday

Mild Chilli Con Carne with Rice  
Vegetable Chilli and Nachos with Grated Cheese  
Sneaky Vegetable Pasta Bar  
Selection of Fresh Vegetables

Carrot Cake with Orange Icing

Wednesday

Roast Gammon or Braised Quorn Fillet served with a Yorkshire Pudding, Roast Potatoes and Gravy  
Sneaky Vegetable Pasta Bar  
Selection of Fresh Vegetables

Apple and Parsnip Flapjack

Thursday

Pork or Plant Based Meatballs in a Rich Tomato Sauce with Spaghetti  
Sneaky Vegetable Pasta Bar  
Selection of Fresh Vegetables

Fruit Jelly and a Shortbread Biscuit

Friday

Omega 3 Fish Fingers, Chicken or Quorn Nuggets with Tartar Sauce and Lemon  
Sneaky Vegetable Pasta Bar  
Crispy Chips  
Baked Beans or Peas

Warm Waffle and Ice Cream

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 17 April, 8 May, 5 June, 26 June and 17 July