

# Week One

# Menu



Monday

Children's Favourite  
Macaroni Cheese  
Or  
Choice of Jacket  
Potato

Sneaky Vegetable  
Pasta Bar

Fresh Crusty Bread  
Selection of Fresh  
Vegetables

Apple Blondie and  
custard

Tuesday

Mild Chilli Con  
Carne or  
Vegetable Chilli  
and Nachos with  
Grated Cheese

Sneaky Vegetable  
Pasta Bar

Selection of Fresh  
Vegetables

Carrot Cake with  
Orange Icing

Wednesday

Roast Gammon or  
Braised Quorn Fillet  
served with a  
Yorkshire  
Pudding, Roast  
Potatoes and Gravy

Sneaky Vegetable  
Pasta Bar

Selection of Fresh  
Vegetables

Cupcake selection  
with Fresh Fruit

Thursday

Sweet and sour  
chicken or tofu with  
stir fried noodles

Sneaky Vegetable  
Pasta Bar

Selection of Fresh  
Vegetables

Fruit Jelly and a  
Shortbread Biscuit

Friday

Omega 3 Fish  
Fingers, Chicken or  
Quorn Nuggets with  
Tartar Sauce and  
Lemon

Sneaky Vegetable  
Pasta Bar

Crispy Chips

Baked Beans or  
Peas

Syrup Sponge  
Pudding and Ice  
Cream

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 30 October, 20 November, 11 December

# Week Two

# Menu



## Monday

A Slice of Freshly Baked Cheese and Tomato Pizza

Sneaky Vegetable Pasta Bar

Crispy Diced Potatoes

Selection of Fresh Vegetables

Chocolate and Beetroot Brownie

## Tuesday

Mild Chicken Korma with Rice and Naan Bread or Cheese and Onion pie

Sneaky Vegetable Pasta Bar

Buttered New Potatoes

Selection of Fresh Vegetables

Strawberry Palmiers with Whipped Cream

## Wednesday

Roast Pork or Braised Quorn Fillet Served With a Yorkshire Pudding, Roast Potatoes and Gravy

Sneaky Vegetable Pasta Bar

Selection of Fresh Vegetables

Ice Cream sandwich

## Thursday

Butcher's Sausage or Plant Based Sausage

Sneaky Vegetable Pasta Bar

Garlic and Herb Jacket Wedges

Selection of Fresh Vegetables

Lemon Drizzle Cake

## Friday

Omega 3 Fish Fingers, Chicken or Quorn Nuggets with Tartar Sauce and Lemon

Sneaky Vegetable Pasta Bar

Crispy Chips

Baked Beans or Peas

Fresh Fruit Bar

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 6 November, 27 November, 18 December

# Week Three

# Menu



## Monday

Mini Breakfast  
Choice of Cheese  
or Ham Omelette

Hash Browns and  
Baked Beans

Sneaky Vegetable  
Pasta Bar

Selection of Fresh  
Vegetables

Apple Crumble  
Cake and Custard

## Tuesday

Sausage Roll or  
Sneaky Vegetable  
Pizza Wheel

Sneaky Vegetable  
Pasta Bar

Buttered New  
Potatoes

Selection of Fresh  
Vegetables

Chocolate Crunch  
and Sliced Banana

## Wednesday

Roast Chicken or  
Braised Quorn Fillet  
served with a  
Yorkshire Pudding,  
Roast Potatoes and  
Gravy

Sneaky Vegetable  
Pasta Bar

Selection of Fresh  
Vegetables

Fresh Fruit Bar

## Thursday

Beef or Lentil  
Bolognese in a rich  
tomato sauce

Sneaky Vegetable  
Pasta Bar

Garlic Bread

Selection of Fresh  
Vegetables

Rice crispy crunch

## Friday

Omega 3 Fish  
Fingers, Chicken or  
Quorn Nuggets with  
Tartar Sauce and  
Lemon

Sneaky Vegetable  
Pasta Bar

Crispy Chips

Baked Beans or  
Peas

Milkshake and  
cookie

Everyday bread and salad are available with main courses and jelly, yoghurt and fruit available as dessert

Weeks commencing: 13 November, 4 December