

MPA PE and Sports Premium Strategy and Expected Spend

Meeting National Curriculum requirements for swimming.	Please complete all the below
<ul style="list-style-type: none"> What % of the current Y6 cohort swims competently, confidently, and proficiently over a period of at least 25M? 	65%
<ul style="list-style-type: none"> What % of your current Y6 cohort uses a range of strokes effectively (for example front crawl, back stroke and breaststroke?) 	65%
<ul style="list-style-type: none"> What percentage of the current Y6 can perform safe self-rescue in different water-based situations? 	75%
Schools can choose to use the Primary PE and Sports Premium you provide additional provision for swimming, but this must be activity and over and above the National Curriculum requirements. Have you used it in any way?	Yes

Academic Year: 2022 - 23	Total fund allocated: £17,110	Date Updated: September 2022
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Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity.				Percentage of total allocation:
				17%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:

For the children to develop their running / jogging stamina to enable them to run / jog 1 mile. High level of participation and enthusiasm, including quantitative improvements. The distance travelled by the children increases term on term.	<p>3 x 15-minute sessions per week by four classes.</p> <p>Allocated time of Daily Mile Lead to develop and organize initiatives each term.</p> <p>Take part in World Daily Mile event.</p>	£2,990	To encourage health and daily exercise (setting personal targets and beating them). To build own running capacity. Children can run for longer periods of time. Improved children's health and fitness. Children participate in fun running activities organised by the Daily Mile Lead.	<p>To continue with 15-minute sessions 3 times a week for five classes from September 2022</p> <p>To continue allocating time for Daily Mile Lead to develop and organise initiatives.</p> <p>Also continue to apply for funding for an all-weather running track.</p>
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Key indicator 2: The profile of PE and Sport being raised across the school as a tool for whole school improvement.				Percentage of total allocation:
				19%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
All children in Key Stage 2 receive swimming instruction to develop basic swimming skills but also to exceed the 25-metre target at the end of Key Stage 2.	1 x 30-minute session per week for six weeks over the summer term. Additional staffing costs to support children.	£1,189	Increased water confidence. High number of children will be able to swim 25m at the end of Year 6. This increased by 10%. Improved health and fitness of the children.	To continue to increase children's water confidence and for Year 6 leavers to be able to swim 25m when they finish Year 6 in July 2023.
To join the Suffolk Games and partake in events across Ipswich Games. Part of Kesgrave Pyramid to partake in events at Kesgrave High School with other local primary schools.	Take part in two cross country events – Kesgrave Pyramid and Ipswich Games. Football league matches. Football tournament. Cricket tournament. Netball league matches.	£995	Children build a variety of game skills. They compete with other children locally. Their physical health improves.	Continue to take part in a range of sports with across Suffolk.

<i>School focus with clarity on intended impact on pupils:</i>	<i>Actions to achieve:</i>	<i>Funding allocated:</i>	<i>Evidence and impact:</i>	<i>Sustainability and suggested next steps:</i>
11 Before 11 Promises is a Promise for each year group. Three of the promises develop and encourage the children to participate in physical activity outside of their regular curriculum experience.	Year 2 – Horse-Riding (Sport) Year 3 – Planned Hike (Exercise) Year 4 – Culture Vulture (Dance) Year 5 – Sleeping Under the Stars (Outdoor Adventure) Costs for staff to support children during activities and horse-riding costs.	£405 – Y2 £40 – Y3 £300 – Y4 £365 – Y5 £1,110	Children enjoy physical activities they may not normally participate in. Children have experiences which will impact on their future life choices.	11 Before 11 Promises a core part of the school offer. LSA costed to support and lead the programme across the school.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport.				Percentage of total allocation:
				14%
<i>School focus with clarity on intended impact on pupils:</i>	<i>Actions to achieve:</i>	<i>Funding allocated:</i>	<i>Evidence and impact:</i>	<i>Sustainability and suggested next steps:</i>
Forest School training for one LSA to develop the skills of the staff team to deliver high quality sessions for all children at MPA.	One LSA will complete Level 3 training through application of skills in school. This training will be used to support the Forest School outdoor experience at MPA. Key Stage 2 Forest School Club for Summer Term 2.	£1,850	Children and parents value Forest School Experience. Build collaboration skills. Good for health and well-being active outside.	LSA to support Early Years team with high quality outdoor learning based on Forest School training. Children in KS2 to have the opportunity to have an outdoor learning experience as part of an after-school club.
Pupils will receive a broader, balanced and tailored PE curriculum. Additional providers will be used to train staff and develop in-house sports coach.	Offer a wide range of learning experiences for the children within the curriculum. Keep up to date with curriculum and policy developments. Identify weaknesses and upskill staff through observations and team teaching. Form relationships with ITFC and NCFC to provide additional sport opportunities for the children.	£500	Specialist PE Lead will improve the PE delivery and support teachers and staff with CPD. Children will benefit from learning new and varied skills.	To continue to provide training to support teachers and staff, in particular staff new to the school.

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils.				Percentage of total allocation:
				50%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Sports Coach runs four after school clubs for children. These include gymnastics, football and multi sports.</p> <p>Staff run football and netball teams with weekly training sessions and participation in tournaments.</p> <p>Sports Coach provides sports coaching every lunchtime for 30 minutes.</p>	<p>Children are charged a nominal amount to cover the lost income on hall hire.</p>	<p>£6,612</p>	<p>Children improve their own health and fitness.</p> <p>Children develop skills which they can translate to in house / school games at a different point in the year.</p>	<p>To continue with provision and look to increase the number of after school clubs available and the variety of clubs.</p> <p>Look at families that are affected by the cost-of-living crisis.</p>
<p>Jo Darby Dance runs an after-school clubs for children in ballroom dancing.</p>	<p>Children pay directly to Jo Darby Dance for the classes. We do not charge Ipswich School of Dancing for the hire of the hall to enable the cost of classes to be affordable to families.</p>	<p>£570</p>	<p>Children learn a range of dance techniques and improve performance skills.</p>	<p>Continue to gather views of parents on success of this club.</p>
<p>Airborne Fit run an after-school clubs for children in circuit training, for health and fitness completing circuit activities.</p>	<p>We do not charge Airborne Fit for the hire of the hall to enable the cost of classes to be affordable to families.</p>	<p>£570</p>	<p>Children learn a range of fitness exercises and the correct techniques to improve their physical and mental health.</p>	<p>Continue to gather views of parents on success of this club.</p>

<p>Federation of Small Schools</p> <p>Football tournament and friendly games.</p> <p>Netball tournament and friendly games.</p> <p>Year 6 Sailing Day.</p> <p>Year 6 Outdoor Adventure Day.</p> <p>Annual Foss Day – YR to Y6.</p>	<p>Year 6 go sailing at Waldringfield. Children learn basic sailing skills and water safety in small dinghy's.</p> <p>Year 6 outdoor adventure day. A day of orienteering, team building activities to support transition to high school.</p> <p>FOSS Day 2023 is based on cultural diversity. Each year group will have a day experiencing a different continent and their culture.</p>	<p>£724</p>	<p>Children develop core life skills, mental and physical health improved, and relationships formed for transition to high school.</p> <p>A shared understanding and celebration of cultural diversity.</p> <p>Development of competitive sporting skills and teamwork.</p>	<p>To continue working with FOSS schools to organise exceptional learning experiences for all year groups.</p>
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Impact summary

Impact area	Summary
What has been the impact on pupils' participation?	<ul style="list-style-type: none"> • Y6 Pupils were able to participate in a day of sailing. This was an additional sport to learn. The children improved their long-distance running skills and expertise. • Y5 child complete a course and finish in the top 10 out of 140 children. Children in KS2 actively took part in swimming lessons. More opportunities to take part in intra school games. • All children developing their running skills and upped their steps through active participation in the daily mile. Children taking part in an extended sports offer and taking part in more competitions.
What has been the impact on pupils' attainment?	<ul style="list-style-type: none"> • Increased participation in competitive sport (Football/ Netball/ Cross Country) • Developed resilience for goal setting and achieving this over time. • Increased number of steps and running ability. • Increased participation in after school activities. • Increased confidence in swimming across KS2.
How will the school sustain the improvements?	<ul style="list-style-type: none"> • Embed the new PE curriculum. • Collate pupil voice in PE to look at how skills develop overtime. • Continue to offer exciting clubs. • Develop lunchtime sporting skills through intra comps and fun sports.

Key achievements to date	Areas for further improvement
<ul style="list-style-type: none"> • High Quality PE sessions from the PE instructors. • KS2 increased swimming opportunities. • Embedded delivery of the daily mile for all children. • Active participation in intra schools' competitions. • Success in Cross Country running. • Forest School training. • FOSS experiences and the linking of small schools to support transitions. (Mainly through sport) • Bikeability completed for Y6 	<ul style="list-style-type: none"> • Improved links with KS3 curriculum opportunities. • Development of sports leaders from High Schools. • Increase competitions with other small schools.