

ve=vegetarian vg=vegan

Week 1

w/c 13 October , 4 November, 17 November, 1 December, 15 December



AUTUMN / WINTER

MONDAY

MAIN CHOICE

Macaroni
Cheese(ve)

VEGGIE CHOICE

Tomato &
Basil Pasta
(ve)

LIGHTER BITE

Cheese and
Onion Roll

SIDES

Diced Potatoes
Vegetables &
Salad Bar

DESSERT

100% Fruit Lolly
Fresh Fruit &
Yoghurt

TUESDAY

All Day Breakfast
with Sausage,
Bacon and
omelette

Veggie All Day
Breakfast, with
veggie sausages

Ham Roll with
salad on the
side

Hash Brown
Baked beans

Cranberry
Flapjack, Fresh
Fruit & Yoghurt

WEDNESDAY

Roast Chicken
with Yorkshire
Pudding
& Gravy

Sliced Quorn
Roast Yorkshire
Pudding & Gravy
(ve)

Sliced Chicken
in a Soft Roll

Mini Roasties
Vegetables
Salad Bar

Fresh Fruit
Selection
Yoghurt & Jelly

THURSDAY

Pasta
Bolognese

Veggie Pasta
Bolognese

Make your own
wrap

Chunky Bread
Vegetables
Salad Bar

Pancakes with
Syrup Fresh
Fruit &
Yoghurt

FRIDAY

Oven Baked
Fish Fillet

Veggie Nuggets

Jacket Potato
with Baked
Beans

Crispy Chips
Beans or Peas
Salad Bar

Chocolate &
Banana Tray Bake
Fresh Fruit &
Yoghurt