

Vegan & Gluten Free options available daily

Week 1

Insert - Week Commencing Dates

2.11.26, 16.11.26, 30.11.26, 14.12.26,
11.1.27, 25.1.27, 8.2.27, 1.3.27, 15.3.27.



AUTUMN / WINTER

Bread, Yoghurt, Salad Bar, Milk & Water available daily

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN CHOICE

Tomato & Basil Pasta **6,7**

Mild Chicken Korma **7**

Sliced Roast Chicken & Yorkshire Pudding **3,6,7** & Gravy

Beef Bolognese & Wholegrain Pasta **6**

Breaded Fish Fingers **6,10** with Tomato Ketchup or Mayo Dip **3,9**

VEGGIE CHOICE

Cauliflower & Broccoli Pasta Bake **6,7**

Chickpea & Sweet Potato Curry **8**

Sliced Braised Quorn Fillet **6** with Yorkshire Pudding **3,6,7** & Gravy

Pesto & Roasted Vegetable Pasta **6,7**

Quorn Dippers **6**

LIGHTER BITE

Jacket Potato with a Tasty Vegan Bolognese **5**

Ham Roll **4,6,10** with Carrot, Cucumber & Mixed Pepper Slices

Jacket Potato with Baked Beans

Cheese Roll with side salad **6,7**

Bacon Baguette **6**

SIDES

Sweetcorn & Green Beans

Wholegrain Rice Naan Bread **6** Tomato & Cucumber Salad

Crispy Roast Potatoes Cauliflower & Carrots

Coleslaw **3,9** & Traffic Light Couscous **5,6,9**

Oven Baked Chips Sweetcorn Cobs Peas or Baked Beans

DESSERT

Fruit Smoothie Plain Yoghurt **7** with Fruit Coulis, Fresh Fruit

Honey Flapjack **6** Plain Yoghurt **7** & Sliced Peaches, Fresh Fruit

Fresh Fruit Platter Plain Yoghurt **7** with Fruit Coulis

Fruit Jelly with a mini cookie **6**

Chocolate & Beetroot Brownie **3,5,6,7** Yoghurt **7**

Allergens - 1 = Peanuts. 2 = Tree Nuts. 3 = Egg. 4 = Sesame. 5 = Soya. 6 = Gluten. 7 = Milk. 8 = Celery. 9 = Mustard. 10 = Fish.

11 = Crustaceans. 12 = Molluscs. 13 = Sulphites. 14 = Lupin.